**What is boxing and unboxing?**

**Boxing-** The process of converting from value type to reference type.

It is implicit conversion

class program

{

static void Main(string[]args)

{

Int num=100;

Object obj =num; (boxing)

}

}

**Unboxing**- The process of converting reference type to value type.

It is explicit conversion.

class Program

{

static void Main(string[]args)

{

Int num =50;

Object obj =num;

Int i=(int)obj; (unboxing)

}

}